

Courses delivered by Gemma Brown
Courses delivered by Hayley Gillard
Courses delivered by both Gemma and Hayley

January 2025

Thursday 9th January 12:30-2pm
FREE WEBINAR - How to Motivate Staff
(1 hour webinar)

Tuesday 21st January 12.30-1.30pm
FREE WEBINAR - 2025 intention setting; introduction
to journaling (1 hour webinar)

February 2025

Thursday 13th February 12:30pm - 1:30pm
FREE WEBINAR - Confident Conversations
(1 hour webinar)

March 2025

Thursday 6th March 12:30-2pm
FREE WEBINAR - How to Build a Brilliant Team
(1.5 hour webinar)

Tuesday 18th March 12.30-1.30pm
FREE WEBINAR - Befriend the inner critic
(1 hour webinar)

April 2025

Tuesday 8th April 12.30-1.30pm
FREE WEBINAR - Coaching skills are life skills
(1 hour webinar)

May 2025

Tuesday 6th May 9.30am-1pm
PAID WORKSHOP - Build lasting confidence and
overcome imposter syndrome (3.5 hours)

June 2025

Tuesday 3rd June 12.30pm-1.30pm
FREE WEBINAR - 7 steps to career planning
(1 hour webinar)

July 2025

Tuesday 15th July 12.30pm-13.30pm
FREE WEBINAR - Building better boundaries
(1 hour webinar)

August 2025

Thursday 7th Aug 12:30-2pm
FREE WEBINAR - The 5 Dysfunctions of a Team
(1 hour webinar)

September 2025

Thursday 4th September 12:30-2pm
FREE WEBINAR - Strategic vs Operational Thinking
(1 hour webinar)

Tuesday 23rd September 12.30pm-1.30pm
FREE WEBINAR - Befriend the inner critic
(1 hour webinar)

October 2025

Thursday 9th October 12:30-2pm
FREE WEBINAR - Confident Conversations
(1.5 hour webinar)

November 2025

Thursday 6th November 12:30-2pm
FREE WEBINAR - An Introduction to Psychological
Safety (1.5 hours webinar)

Tuesday 11th November 9.30am-1pm
PAID WORKSHOP - Build lasting confidence and
overcome imposter syndrome (3.5 hours)

December 2025

Thursday 11th December 12:30 - 2pm
FREE WEBINAR - Coaching Skills for Managers
(1.5 hour webinar)